

Curriculum Vitae



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ADDRESS

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EDUCATION

Professional Doctorate in Persian Traditional Medicine (Ph.D.) 2008- 2013

School of Medicine, Iran University of Medical Science, Tehran, Iran.

Doctorate of Medicine, (M.D) 1996-2004

Shahid Beheshti University of Medical Sciences, Tehran, Iran.

RESEARCH EXPERIENCES

2015-up to now: Supervision of 4 M.D., Consult of 4 Ph.D., and 10 M.Sc. students working on their theses.

PROFESSIONAL EXPERIENCES

2015 up to now: Assistant Professor in Persian Medicine. Hamadan University of Medical Sciences

PUBLICATIONS

I- articles

a): In English

1- Motavalizadeh Ardekani, A. Hashemi, M. **Medical Treatment of Cancer in Traditional Iranian Medicine.** *jiitm.* 2, 2012. 3(1): p. 3-18.

2- Mamak Hashemi¹, and Farzin Halabchi. **Changing Concept of Sciatica: A Historical Overview.** *Iran Red Crescent Med J.* 2016 Feb; 18(2): e21132. Published online 2016 Feb 6. doi: 10.5812/ircmj.21132

3- Mamak Hashemi,¹ Ali Akbar Jafarian, Shahram tofighi, Kamran Mahluji, and Farzin Halabchi

Studying the Effectiveness of One Type of Iranian Traditional Massage on Lumbar Radiculopathy. *Iran J Med Sci.* 2016 May; 41(3 Suppl): S11. PMID: [27840477](https://pubmed.ncbi.nlm.nih.gov/27840477/)

4- Seyed Mohammad Reza JavadiMamak HashemiYounes MohammadiAlireza MamMohammadiAli SharifiHamid Reza Makarchian .**Synergistic effect of honey and Nigella sativa on wound healing in rats.** Acta Cir. Bras. 33 (06) • June 2018 • <https://doi.org/10.1590/s0102-865020180060000006>

5- Davood Bayat Abolfazl Mohammadbeigi, Mahmoud Parham, Akram Mehrandasht, Mamak Hashemi, Kamran Mahlooji, Majid Asghari.**The Effect of Massage on Diabetes and its Complications: A Systematic Review.** Crescent Journal of Medical and Biological Sciences. Vol. 7, No. 1, January 2020, 22–28. eISSN 2148-9696

6-Atefeh Saeidi1 ID, Mojgan Tansaz ID, Mohsen Saberi, Abbas Ebadi, Malihe Tabarraei, Mamak Hashemi, Roshanak Mokaberinejad2, Maryam Mashhadi1, Morteza Mojahedi. **Evaluation of Uterine Warm and Cold Distemperament. (Su-e Mizaj) in Persian Medicine: A Qualitative Study.** Crescent Journal of Medical and Biological Sciences. Vol. 7, No. 2, April 2020, 177–185. eISSN 2148-9696

7- Mahshid Chaichi-Raghimi, MD, PhD, Mamak Hashemi, MD, PhD, **Major and minor criteria for gastric dystemperaments in Persian Medicine: Sari gastric dystemperament criteria-I (SGDC-I).** Caspian J Intern Med. 2022 autumn; 13(4): 681–688.doi: 10.22088/cjim.13.4.681

8- A Karampourian, M Khatiban, M Hashemi. **The effect of Hugo point acupressure massage on respiratory volume and pain intensity due to deep breathing in patients with chest tube after chest surgeries.** Contemporary Clinical Trials CommunicationsVolume, June 2022, 100914

9- Mamak Hashemi, Kamran Mahlooji. Aliakbar Jafarian. **The Effectiveness of Traditional Persian massage (Kermanshahi Style) on disability of lumbar radiculopathy: Quasi-experimental study.** Clinical Cancer Investigation Journal. June 2023. ISSN: 2278-0513

10- Sahar Afshar , Mahnaz Khatiban, Ali Safdari, Zahra Khalili , Alireza Soltanian, Mamak Hashemi , Seyed Kianosh Hoseini. **The impact of using P6 acupressure on the nausea, vomiting, and comfort of myocardial infarction patients: A randomized, single-blind, placebo-controlled clinical trial.** Communications. Volume, December 2023, 101238.

b) In Persian:

1- Motavalizadeh Ardekani, A. Hashemi, M. **Medical Treatment of Cancer in Traditional Iranian Medicine.** jiiitm. 2, 2012. 3(1): p. 3-18

2- Amir-Mohammad Jaladat, Majid Nimrouzi, Mehrdad Karimi, Mamak Hashemi, Mehdi Falah, Fatemeh Attarzadeh. **Massage Therapy in Iranian Traditional Medicine.** Vol. 1. No .3. Sept.2012. Shahid Beheshti University Of medical Sciences

3- Mamak Hashemi, M.D, Ph.D. Farzaneh asadollah poor M.D. **Management of sexual relations in Persian medicine.** Journal of Hifzosseha. Vol 2, No 2 (2014): P. 52-57.

4- Davood Bayat, Mamak Hashemi, Kamran Mahlooji, Abolfazl Mohammadbeigi, Mahmoud Parham, Majid Asghari. **Evaluation of Mechanism and Applications of Different Types of Massage in Current Medicine and Traditional Medicine.** *Majallah-i Dānishgāh-i Ulūm-i Pizishkī-i Qum (Qom Univ Med Sci J)* 2019; 13(5):33-44

5- Hakimi F, yaghmaei F, zareiyān A, movahhed M, jafari P, mokaberi nejad R, et al et al . **Major and minor diagnostic criteria of liver dystemperament in Iranian Traditional Medicine: A Qualitative Study.** *cmja* 2019; 9 (2) :3668-3682

II-books

a) In English:

Hartwig Schulz, Seyed Ahmad Emami, Farsad Nadjafi. **Medicinal Plants used in Traditional Persian Medicine.** **CABI digital library.** Chapter 6 October 2023. Herbal Medicine for Cardiovascular Disease in View of Avicenna

Authors: Zahra Taghipour, Mamak Hashemi Habib Abadi. Pages: 230-280

b) In Persian and Arabic:

1. Kord afshari, Gh. Nutrition in Iranian & Islamic medicine. Nasle nikan publisher. Isfahan. 2008. (Second chapter).
2. Textbook of Persian manuscript of Iranian traditional medicine. A number of authors. Supervision: Naseri, M. Almaei publisher. Tehran. 2011 (*participation in writing*)

RESEARCH INTEREST

Traditional Medicine

Persian/Iranian Medicine

Complementary Medicine

Alternative medicine

Massage